

Jessica C. Vann (She/Her/They)
Owner/Director

My name is Jessica C. Vann, and I met moms at the intersection of parenting and maintaining intimate relationships. I am a licensed professional counselor in private practice in Columbia, SC. After over 7 years in various service-related fields from student affairs, the department of social services, and most recently, the Department of Mental health. I created InVision Counseling as a safe space for women in their many roles, especially motherhood. I help moms to find the sexy in the messy of momming. As a wife and mother of two, I know that finding balance is no easy feat, but together we can find pleasure in our experiences.

For more information about Jessica C. Vann, LPC:
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